

Army Suicide Prevention Briefing

Unit Suicide Prevention is a Command and Responsibility

- Activities vary depending on emphasis
- Not requirement of AR 350-1
- MACOMs have supplementary requirements
- Chaplain Prevention Activities

focused on education /awareness
/intervention and referral

- Training Aids Need
newest video 1985

 new training products needed / available

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- Identify Chaplain Capabilities
“At Risk” Soldiers or Family Members and Referral protocols
- Education - Awareness Training.
“Cornerstone of the effort” for soldiers and family members
- Post Intervention Activities.
Surviving Family or unit members
Includes Pastoral Counseling and Post Traumatic Stress
Debriefing/Defusing process.

These tasks are IAW Para 2-4 (2) and (3) of DA Pam 600-24.

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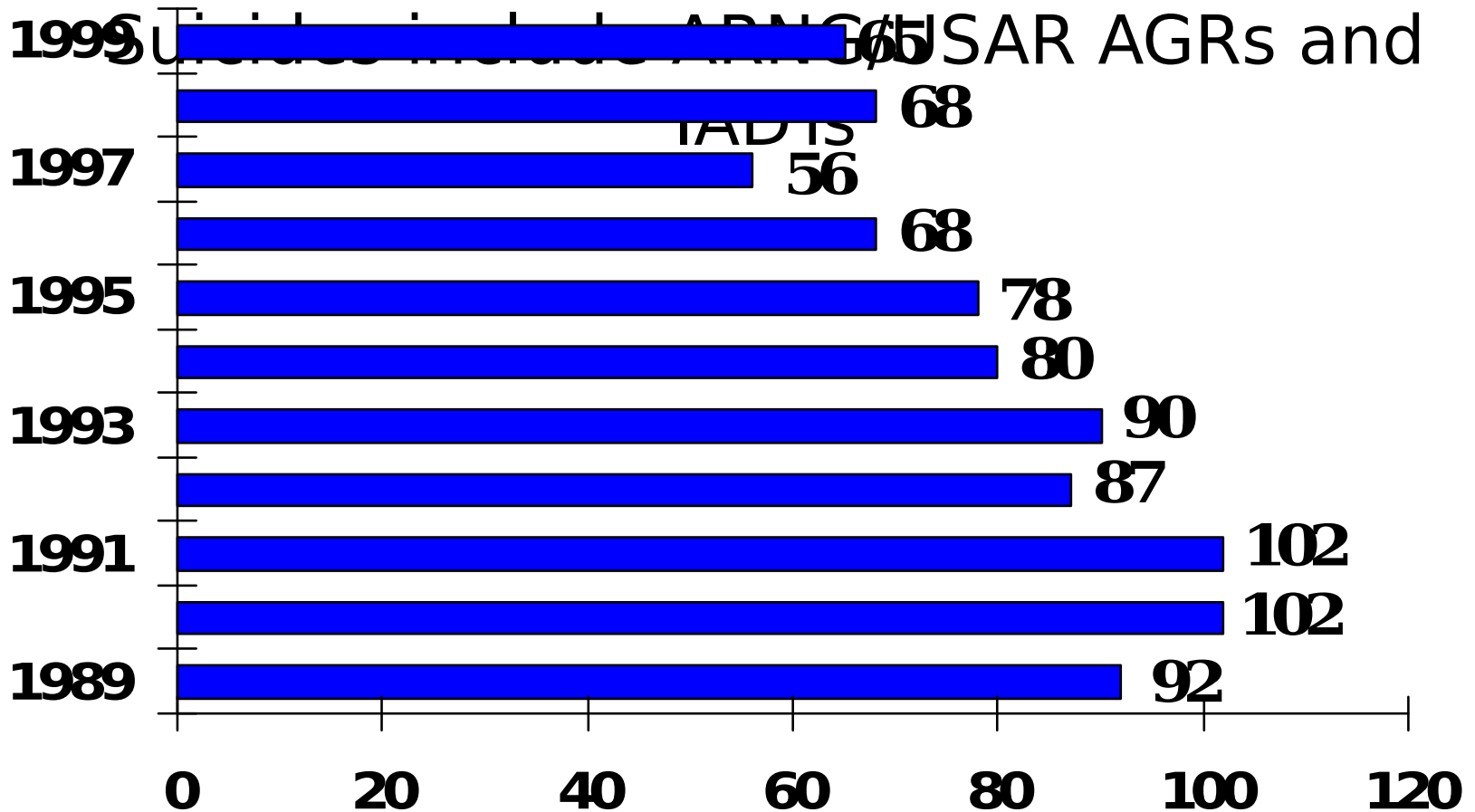


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Medical Program

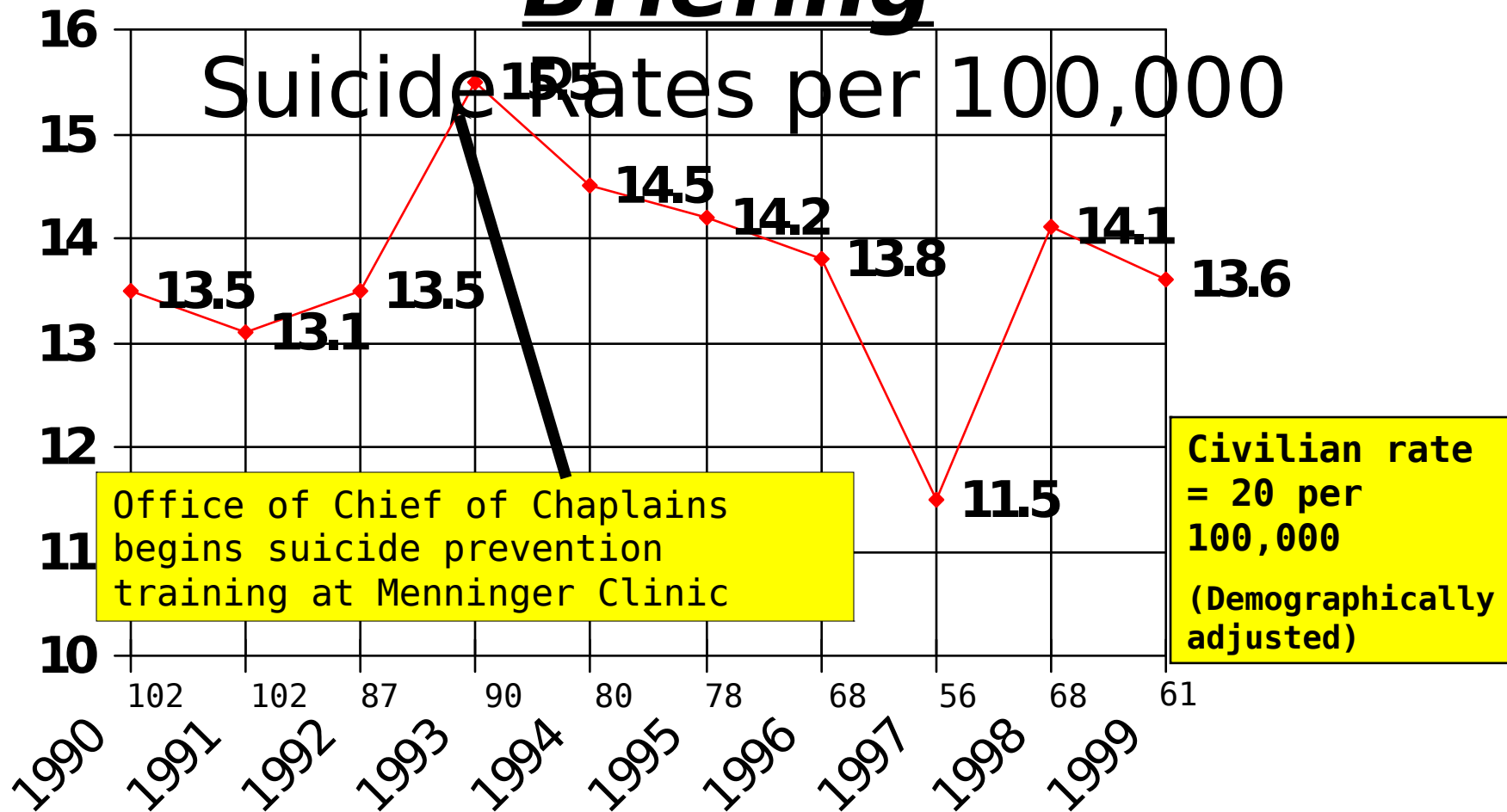
- Provide Critical Incident Debriefing for suicide attempts or completed suicides
- Do psychological autopsies on suicides and questionable suicides
- Analyze statistical information about suicides and suicidal tendencies to provide command information and recommendations on policy and programs

Army Suicide Prevention Briefing



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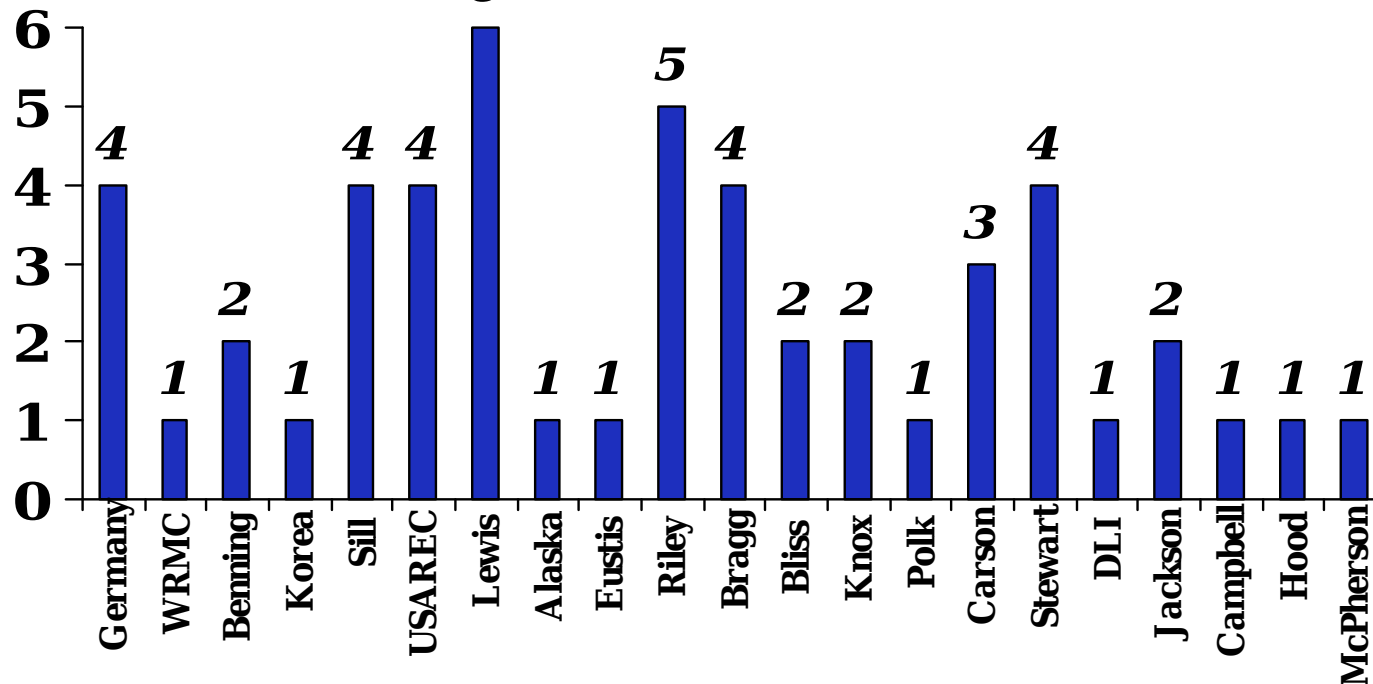


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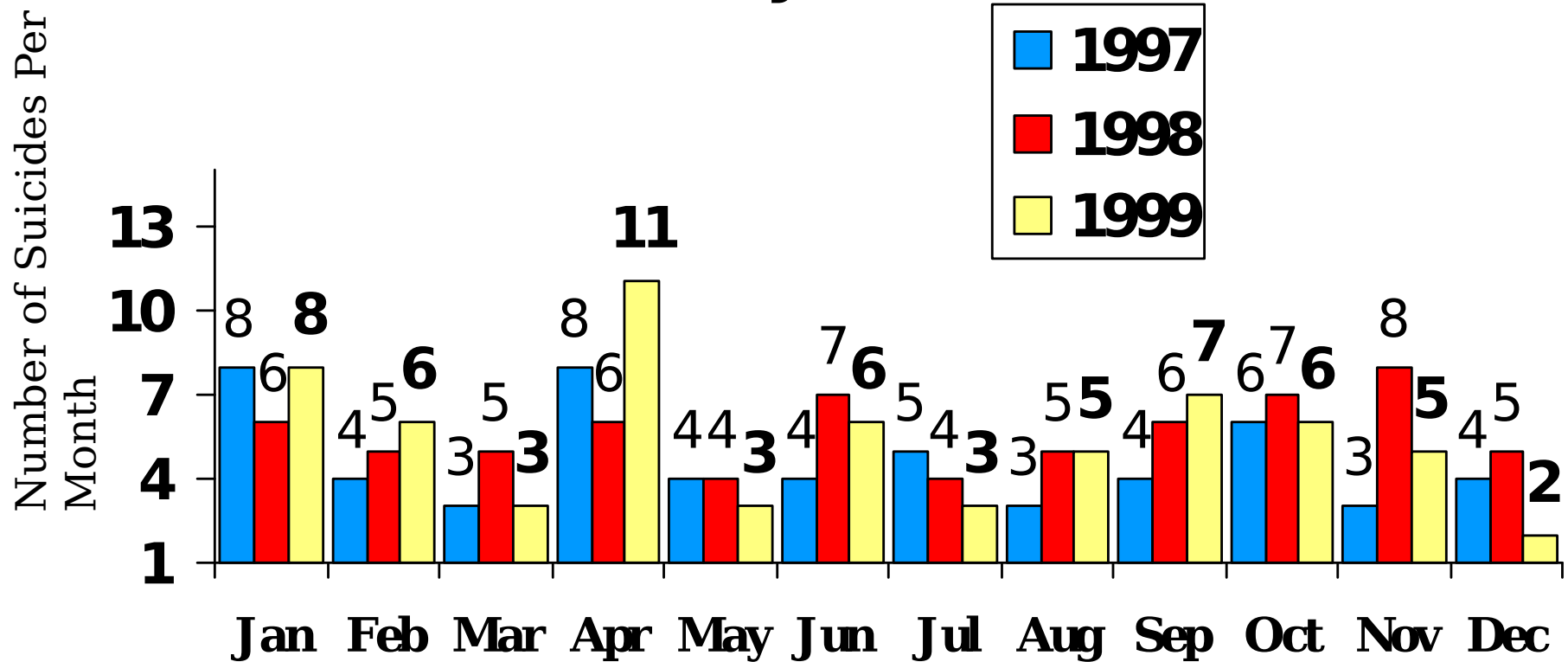
1999 Suicides By Location



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Monthly Suicides



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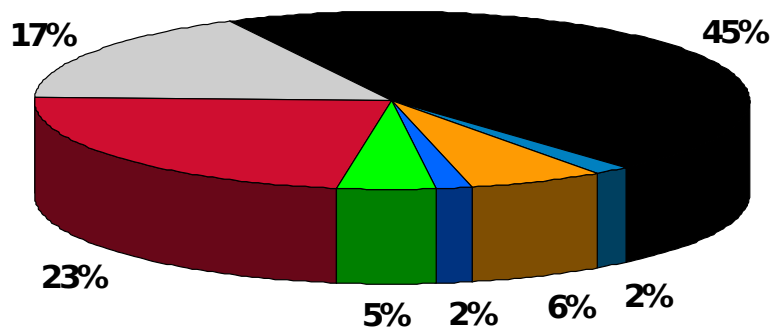


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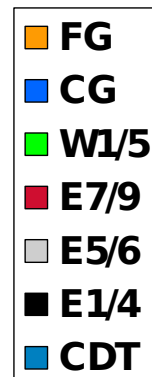
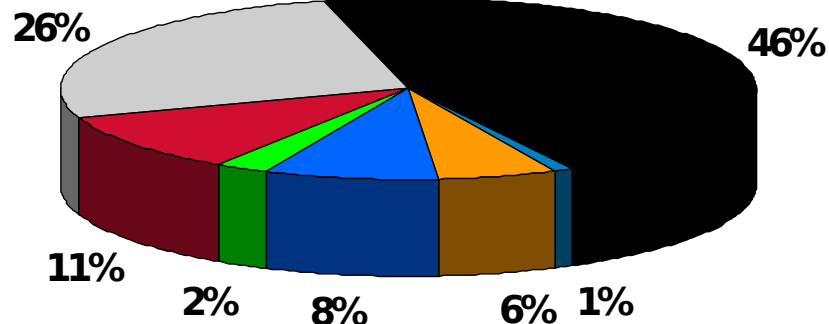
Briefing Comparison By

Grade

**Suicide
Population**



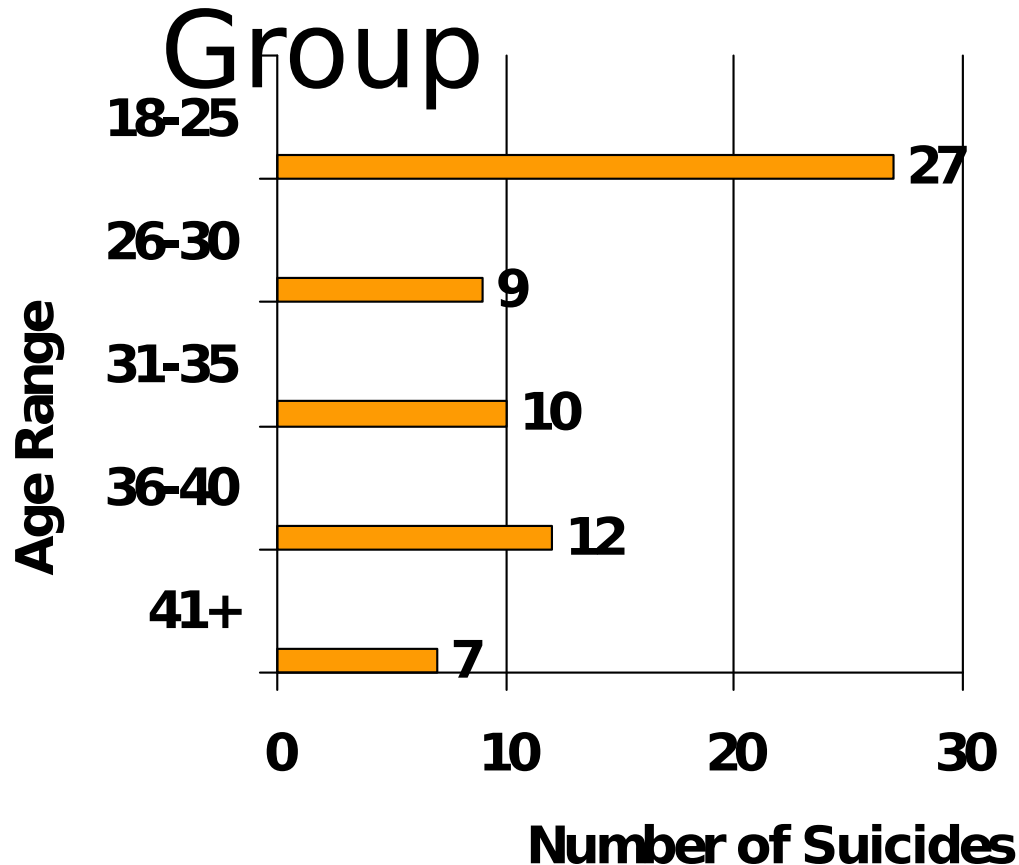
Army



Suicide Population	FG	01/03	W1/5	E7/9	E5/6	E1/4	CDT
	4	1	3	15	11	30	1
Army Population	FG	01/03	W1/5	E7/9	E5/6	E1/4	CDT
	26405	38816	11633	50308	125620	222210	4136

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Briefing Comparison By Age



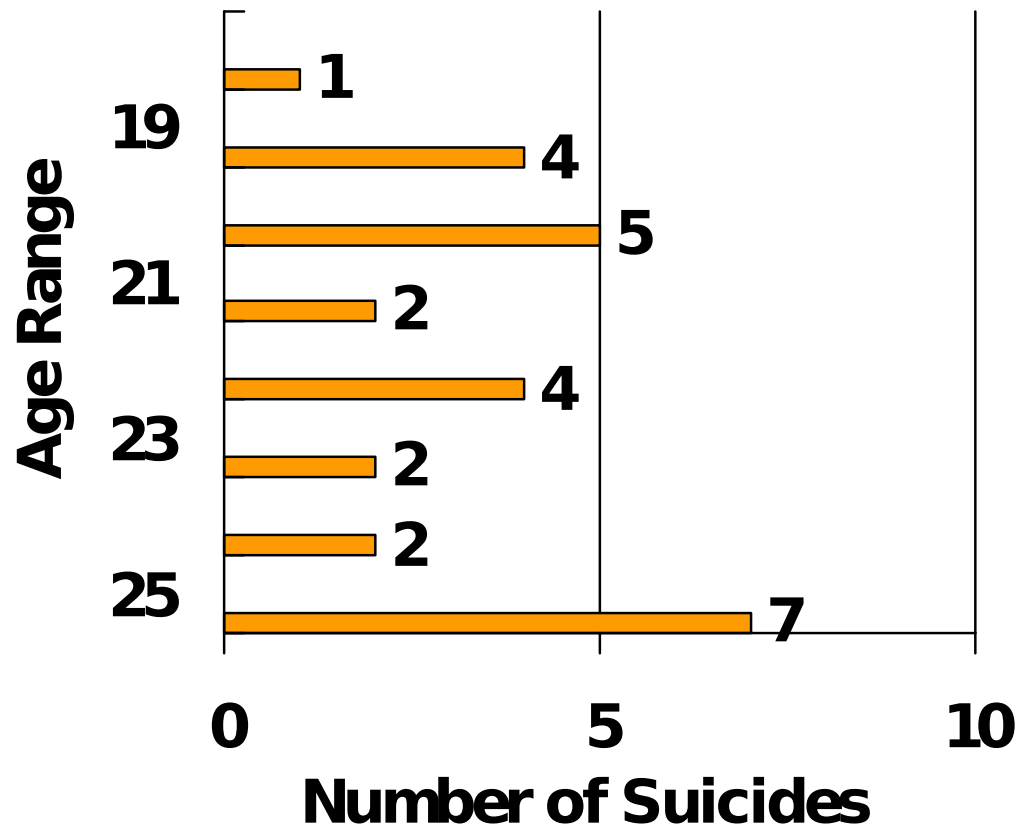
**Average
Age**

30.2

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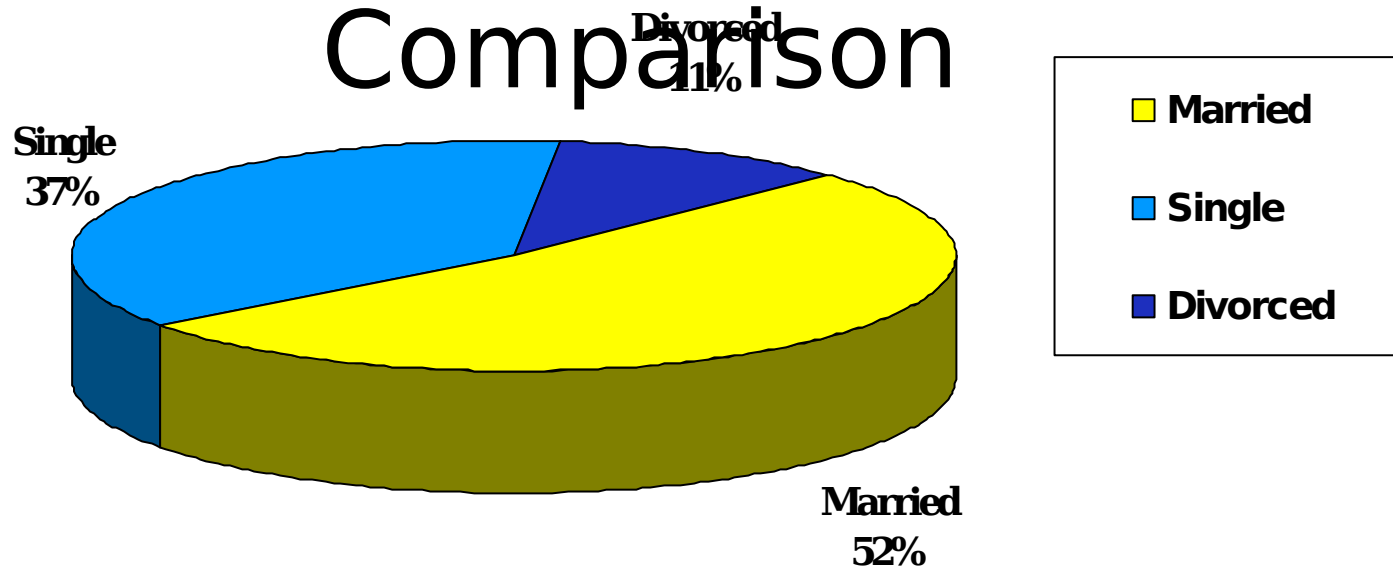
High Frequency Age Group (18-25)



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Mental Health Comparison



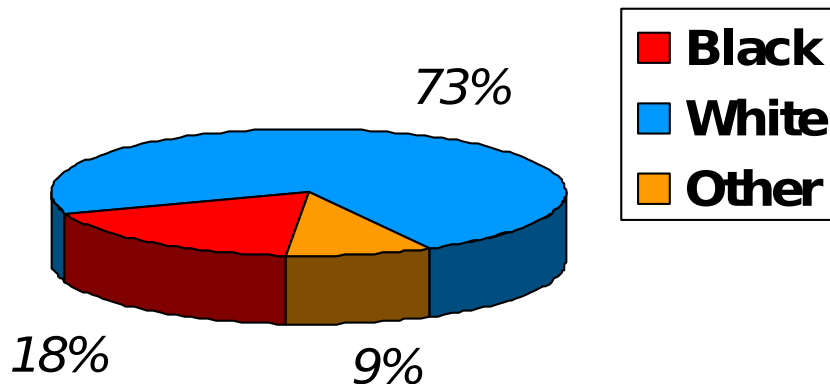
	Married	Single	Divorced
Raw Data	34	24	7

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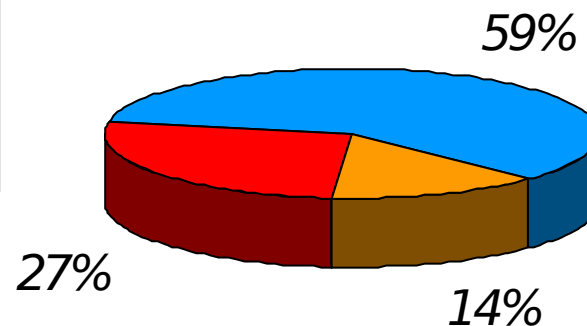
Briefing Group

Comparison

Suicide Population



Army Population



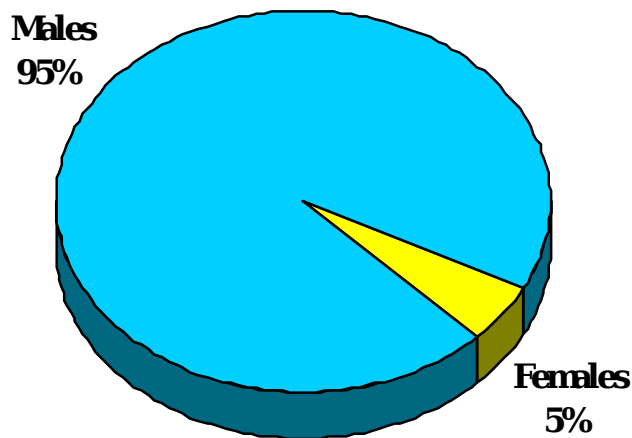
	Black	White	Other
Raw Data	12	47	6

	Black	White	Other
Raw Data	123,851	277,087	

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Briefing Gender

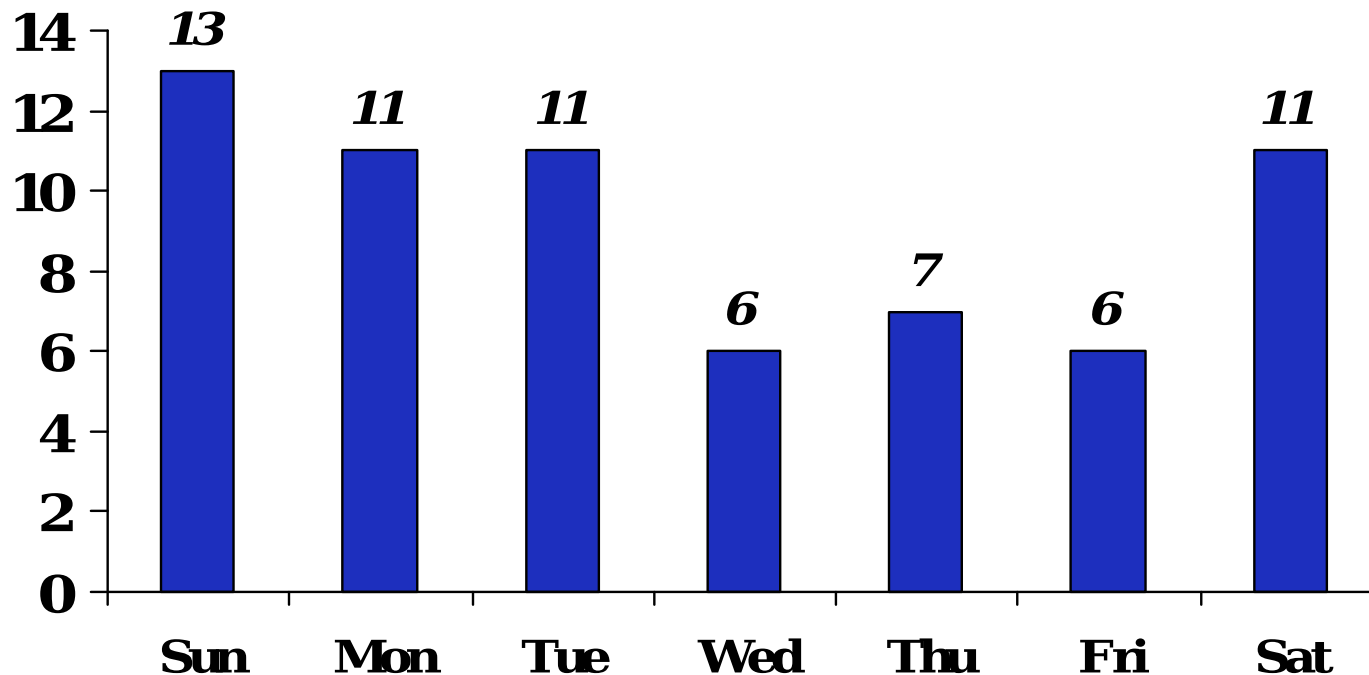


CY	Male	Female
99	62	3
98	67	1
97	56	0
96	65	3

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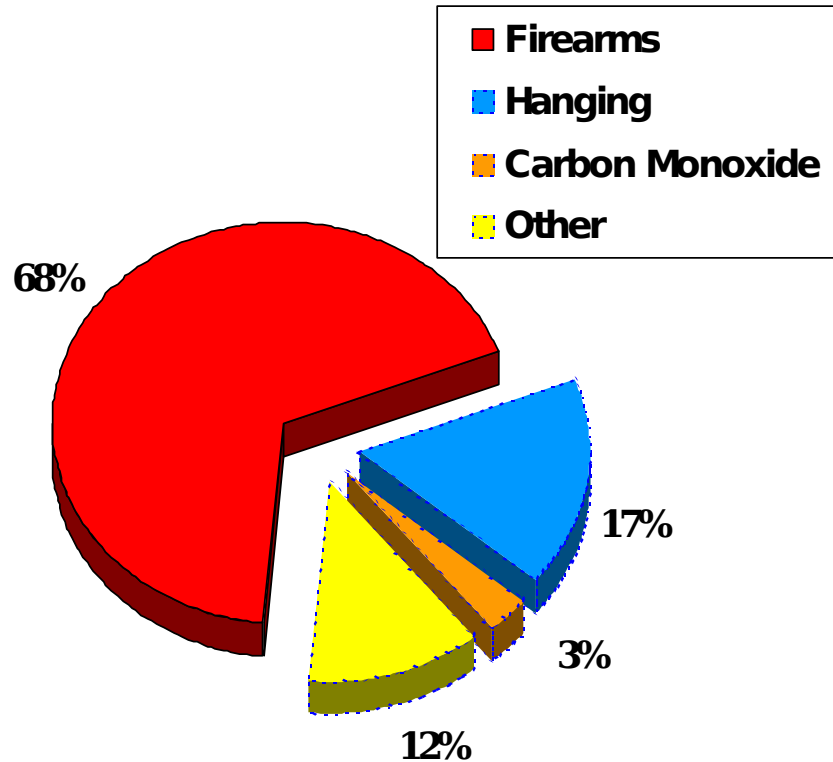
Day Frequency



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Briefing Suicide Method



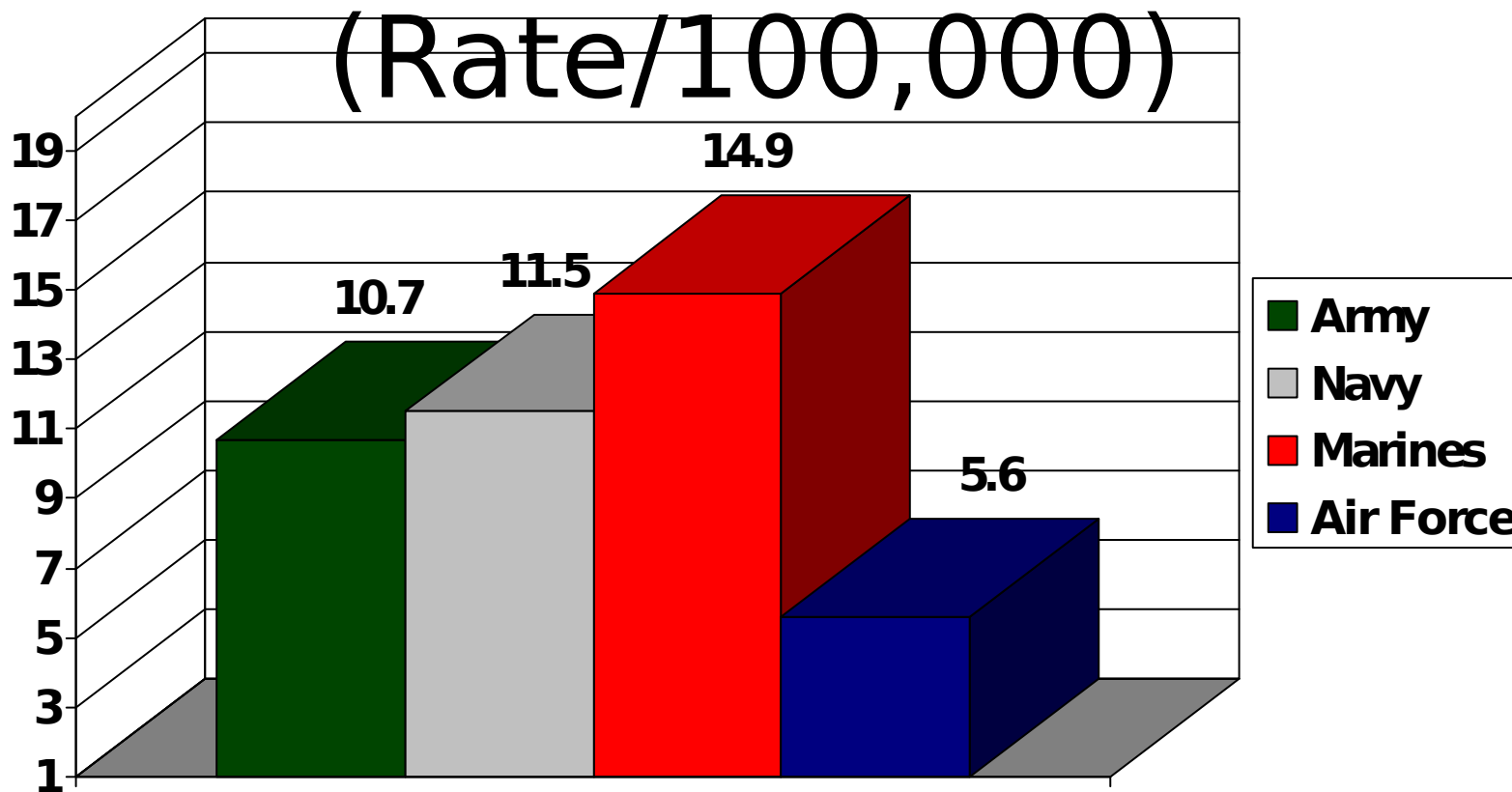
Firearms - 44

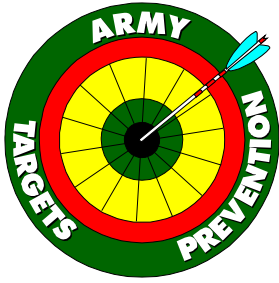
Hanging - 11

**Carbon
Monoxide - 2**

Other - 8

Suicide Rates by Service CY99





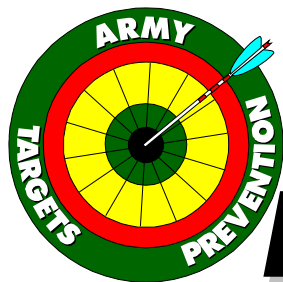
UNIT RISK INVENTORY

- 55 ITEM QUESTIONNAIRE
- Assesses unit propensity for risk

in the following areas:

- Alcohol/Drug use
- Command Factors
- Stress Levels
- Self Perceptions
- Relationships
- Safe Sex Practices
- Child/spouse Abuse
- Violence/Crimes
- Suicide
- Financial Problems





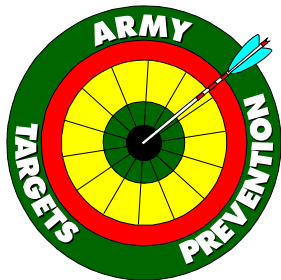
Risk Reduction Program

RISK FACTORS

Risk Factor

Reported by Soldiers

STDs	5% had a STD in the past year
Suicide Gestures/Attempts	11% had thoughts of suicide in past year
	6% ever attempted suicide
AWOL	1% went AWOL in past year
Drug Use	4% used illegal drugs
Alcohol Use	19% drove under the influence of alcohol
Crimes Against Persons	4% assaulted, raped, robbed in past year
Crimes Against Property	4% stole property worth more than \$10
	6% destroyed property
Spouse Abuse	9% pushed/shoved/hit spouse or boy/girlfriend in past year
Child Abuse	7% pushed/shoved/hit a child in past year
Financial Problems	36% had financial problems in past year



HRB RATES vs SELF-REPORT HRB RATES

<u>Risk Factor</u>	<u>Incident Rates/1000</u>	<u>URI</u>
<u>Rates/1000</u>		
STDs	5.4 / 1000	50 /
1000		
Suicide Gestures/Attempts	0.8 / 1000	
110 / 1000		
		60 / 1000
AWOL	2.3 / 1000	
20 / 1000		
Drug Offenses	3.3 / 1000	40 /
1000		
Alcohol Offenses	3.9 / 1000	
190 / 1000		
Crimes Against Persons	6.2 / 1000	40 /
1000		
Crimes Against Property	3.1 / 1000	
40 / 1000		
		60 / 1000
Spouse Abuse	3.1 / 1000	90 /